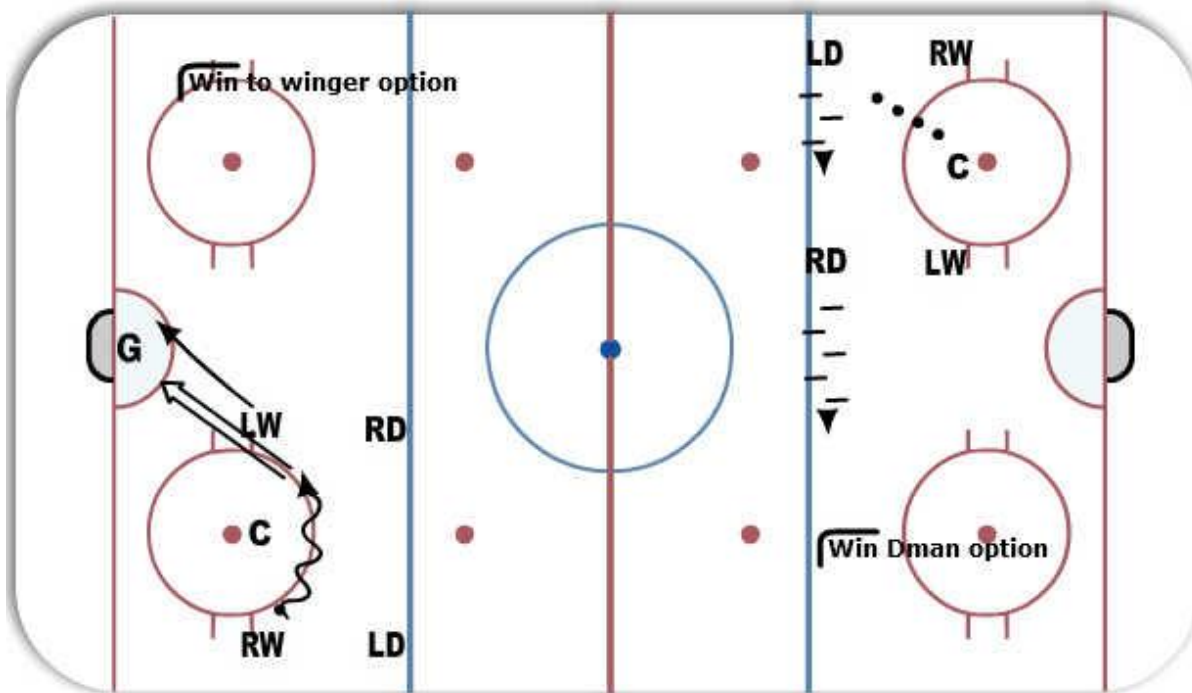


Offensive Zone



Description

Win to Winger option

RW and LW are lined up on opposite wings. Centre always try and draw puck to defense. Centre holds up opposing team Centreman at face off.

Win to Defenseman Option

LW holds up opposing team winger going to point then peels off to front of net.

RW can remain on boards as passing option or can delay opposite team winger by skating into lane.

LD either takes quick shot or moves laterally along blue line for open shot. Has option to quick pass to open RD.

RD moves laterally to open ice anticipating pass from LD.

Centreman peels free from faceoff and takes position in high slot reading and reacting to puck movement.

Key Points: Attitude, Alignment, Assignment, Stick on ice., Quick shots.

Notes

Attitude - Cman and all players have attitude to win every draw. Cman must ensure everyone is ready and aligned, especially goalie. He must focus on puck in referee's hand.

Alignment - Every player must ensure they are properly aligned before puck is dropped.

Assignment - All must understand their role and responsibilities if draw is won or lost. All players need to know game situation i.e. last 30 seconds, short handed, power play etc.